

Item data sheet



Better Life Whole Grain Rolls, 3 different sorts

Item no.	5295
Designation of the food item	Wholemeal Roll with Multi-grain & Oat Wholemeal
EAN	4009837052950
Convenience level	parbaked
This product is vegan	

Units

Unit	PIECE *	BAG	CARTON	LAYER	PALLET
Quantity per base unit	1	20	60	240	2.640
Gross weight ¹	0,07883	1,5766	4,7298	18,9192	208,1112
Net weight	0,07	1,40	4,20	16,80	184,80
L x W x H (mm)	75 x 75 x 30	400 x 380 x 0	595 x 260 x 180	-	1.200 x 800 x 2.130
Diameter (mm)	-	-	-	-	-
Cartons/pallets	-	-	-	-	44

* Base unit of the item

¹ Weight in frozen state incl. Packaging

Measurements

Measurements: l 7.5 x w 7.5 x h 3 cm

Nutritional values

Ingredients

Allergens

Whole grain roll

energy	1126 kJ / 268 kcal	WHEAT AND WHOLE GRAIN MIXTURE (64,9%)(WHEAT FLOUR, RYE BRUISED GRAIN, WHEAT BRAN, SOYA BRUISED GRAIN, WHEAT GERM), water, potato flakes, WHEAT BRAN, yeast, salt, MALTED BARLEY extract, SESAME, WHEAT SEMOLINA, rapeseed oil, MALTET BARLEY, DRIED RYE SOUR DOUGH, MALTED WHEAT FLOUR, WHEAT GERM, acerola juice concentrate	Contains: GLUTEN AND - PRODUCTS, SOYA AND - PRODUCTS, SESAME AND - PRODUCTS
fat	3,1 g		
thereof saturated fatty acids	0,4 g		
carbohydrates	46,2 g		
thereof sugar	1,8 g		
protein	17,2 g		

salt	1,4 g	May contain: MILK	
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All data refer to 100 g

Nutritional values	Ingredients	Allergens
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Multi grain-whole grain roll

energy	1146 kJ / 273 kcal	<p>WHEAT AND WHOLE GRAIN MIXTURE (58,2%)(WHEAT FLOUR (44,8%), RYE BRUISED GRAIN (8%), WHEAT BRAN, SOYA BRUISED GRAIN, WHEAT GERM), water, linseed, WHOLE GRAIN AND OAT FLAKES (3%), maize semolina, yeast, buckwheat, SESAME, RYE flakes (2,1%), salt, WHEAT SEMOLINA, MALTED BARLEY extract, rapeseed oil, MALTED BARLEY, DRIED RYE SOUR DOUGH, MALTED WHEAT FLOUR, acerola juice concentrate</p> <p>May contain: MILK</p>	<p>Contains: GLUTEN AND - PRODUCTS, SOYA AND - PRODUCTS, SESAME AND - PRODUCTS</p>
fat	4,8 g		
thereof saturated fatty acids	0,6 g		
carbohydrates	44,2 g		
thereof sugar	0,9 g		
protein	17,3 g		
salt	1,4 g		

All data refer to 100 g

Nutritional values	Ingredients	Allergens
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Oat-whole grain roll

energy	1199 kJ / 287 kcal	<p>WHEAT AND WHOLE GRAIN MIXTURE (52,2%)(WHEAT FLOUR, RYE BRUISED GRAIN, WHEAT BRAN, SOYA BRUISED GRAIN, WHEAT GERM), water, OAT flakes (15,4%), sunflower seeds, SOYA BRUISED GRAIN, yeast, salt, MALTED BARLEY extract, WHEAT GERM, WHEAT SEMOLINA, rapeseed oil, MALTET BARLEY, DRIED RYE SOUR DOUGH, MALTED WHEAT FLOUR, acerola juice concentrate</p> <p>May contain: MILK, SESAME</p>	<p>Contains: GLUTEN AND - PRODUCTS, SOYA AND - PRODUCTS</p>
fat	5,6 g		
thereof saturated fatty acids	0,7 g		
carbohydrates	44,1 g		
thereof sugar	1,5 g		
protein	17,3 g		
salt	1,4 g		

All data refer to 100 g

Baking instructions

bake at approx. 190-200°C for approx 12-15 minutes with steam (3-4 sec). Remark for combi steamer: only at the beginning little steam, open the flue for the last third of the baking time

Best before date (from date of production)
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9 months

Transport and storage conditions

This product must be transported and stored at a temperature of at least -18°C.

Gene Ordinance

This product does not contain any genetically modified raw materials

Status: 17/05/2024

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