

Item data sheet



Better Life BeFit Trio, 3 dif. sorts fully baked



Item no. 2534
Designation of the food item Wheat and Oat Rolls
EAN 4009837025343
Convenience level ready baked
 This item is vegetarian.

Units

Unit	PIECE *	BAG	CARTON	LAYER	PALLET
Quantity per base unit	1	25	75	300	3.300
Gross weight ¹	0,06732	1,683	5,049	20,196	222,156
Net weight	0,06	1,50	4,50	18,00	198,00
L x W x H (mm)	-	400 x 380 x 0	585 x 335 x 168	-	1.200 x 800 x 1.998
Diameter (mm)	-	-	-	-	-
Cartons/pallets	-	-	-	-	44

* Base unit of the item

¹ Weight in frozen state incl. Packaging

Measurements

Measurements:

Golden corn crust: l 8.0 x w 7.0 x h 5.0 cm

Oat roll: l 8.0 x w 7.0 x h 4.5 cm

Chia roll: l 7.0 x w 7.0 x h 4.5 cm

Nutritional values

Ingredients

Allergens

Crusty Gold Corn

energy	1718 kJ / 407 kcal	WHEAT FLOUR, baking mix (WHEAT FLOUR, Cornmeal extrudate, sunflower seeds, rapeseed oil, sea salt, WHEAT GLUTEN, mixed herbs(coriander, fenugreek seeds, curcuma, caraway, fennel, cumin, pepper, chili, clove, garlic, paprika powder), acerola juice concentrate), water,	Contains: GLUTEN AND - PRODUCTS
fat	5,9 g		
thereof saturated fatty acids	1,3 g		
carbohydrates	73,6 g		

thereof sugar	3,4 g	Corn oil flour (4%), yeast, WHEAT GLUTEN, MALTED BARLEY FLOUR, acerola juice concentrate, Raw cane sugar, coconut oil May contain: SOYA, MILK, NUT PRODUCTS, SESAME	
protein	14,1 g		
salt	1,7 g		

All data refer to 100 g

Nutritional values	Ingredients	Allergens
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Oat roll

energy	1135 kJ / 269 kcal	WHEAT FLOUR, water, OAT flakes (18%), RYE BRUISED GRAIN, SOYA BRUISED GRAIN, SKIMMED QUARG, yeast, salt, sunflower oil, MALTED BARLEY FLOUR, MALTED BARLEY extract, WHEAT GLUTEN, DRIED RYE SOUR DOUGH, roasted BARLEY MALT FLOUR, glucose, coconut oil, full of cane sugar, acerola juice concentrate May contain: NUT PRODUCTS, SESAME	Contains: GLUTEN AND - PRODUCTS, SOYA AND - PRODUCTS, MILK AND - PRODUCTS
fat	4,1 g		
thereof saturated fatty acids	0,7 g		
carbohydrates	45,4 g		
thereof sugar	1,7 g		
protein	11,1 g		
salt	1,05 g		

All data refer to 100 g

Nutritional values	Ingredients	Allergens
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Chia Roll

energy	1114 kJ / 264 kcal	WHEAT FLOUR, water, chia seeds (5%), yeast, SESAME, poppy, linseed, sea salt, MALTED BARLEY extract, roasted BARLEY MALT FLOUR, WHEAT GLUTEN, MALTED BARLEY FLOUR, acerola juice concentrate May contain: SOYA, MILK, NUT PRODUCTS	Contains: GLUTEN AND - PRODUCTS, SESAME AND - PRODUCTS
fat	4,2 g		
thereof saturated fatty acids	0,5 g		
carbohydrates	44,0 g		
thereof sugar	1,8 g		
protein	10,1 g		
salt	1,3 g		

All data refer to 100 g

Baking instructions

30 minutes defrost and warm up at 180°C 3-5 minutes.

Best before date (from date of production)

9 months

Transport and storage conditions

This product must be transported and stored at a temperature of at least -18°C.

Gene Ordinance

This product does not contain any genetically modified raw materials

Status: 19/05/2024

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