

## Item data sheet



### Better Life Wellness Squares, 4 diff. sorts

<b>Item no.</b>	<b>2414</b>
Designation of the food item	Wheat, Rye and Spelt Rolls
EAN	4009837024148
Convenience level	ready baked
This item is vegetarian.	

### Units

Unit	PIECE *	BAG	CARTON	LAYER	PALLET
Quantity per base unit	1	30	120	720	4.320
Gross weight <sup>1</sup>	0,06431	1,9293	7,7172	46,3032	277,8192
Net weight	0,06	1,80	7,20	43,20	259,20
L x W x H (mm)	-	400 x 380 x 0	592 x 262 x 322	-	1.200 x 800 x 2.082
Diameter (mm)	-	-	-	-	-
Cartons/pallets	-	-	-	-	36

\* Base unit of the item

<sup>1</sup> Weight in frozen state incl. Packaging

### Measurements

Measurements:

Power Grain Rolls: l 7.0 x w 6.0 x h 4.0 cm

Emmer original grain roll: l 8.0 x w 7.0 x h 4.0 cm

Nettle roll: l 8.0 x w 7.0 x h 4.0 cm

Hemp roll: l 8.0 x w 7.0 x h 4.0 cm

### Nutritional values

### Ingredients

### Allergens

#### Power Grain Rolls

energy	1506 kJ / 360 kcal	WHEAT FLOUR (37,6%), baking mix (MALTED BARLEY FLOUR, MALTED RYE FLOUR, SOYA BRUISED GRAIN, WHOLE WHEAT FLOUR, DRIED RYE SOUR DOUGH(RYE FLOUR, starter culture), linseed (3,6%), sunflower seeds (3,4%), WHEAT GLUTEN,	Contains: GLUTEN AND - PRODUCTS, SOYA AND - PRODUCTS, SESAME AND SESAMPRODUCTS
fat	11,4 g		
thereof saturated fatty acids	2,4 g		

carbohydrates	47,9 g	WHEAT FLOUR, sea salt, MALTED RYE flakes, sugar, SESAME, dextrose, rapeseed oil, acerola juice concentrate), water, Corn oil flour (3%), pumpkin pieces (3%), sunflower seeds (3%), sunflower oil, yeast, WHEAT GLUTEN, MALTED BARLEY FLOUR, full of cane sugar, acerola juice concentrate, coconut oil	
thereof sugar	8,8 g		
protein	14,5 g		
salt	1,8 g		

All data refer to 100 g

Nutritional values	Ingredients	Allergens
--------------------	-------------	-----------

### Amelcorn Rolls

energy	1339 kJ / 314 kcal	Spelt WHEAT Flour (40%), water, Emmer WHEAT seeds (12%), pumpkin seed, MALTED WHEAT, potato flakes, WHEAT PROTEIN, RYE BRUISED GRAIN, salt, rapeseed oil, Spelt WHEAT Whole Grain Flour (1,4%), yeast, BUTTER, Spelt WHEAT Whole Grain Sourdough, dried, psyllium seed husks, WHEAT GLUTEN, MALTED BARLEY FLOUR, full of cane sugar, coconut oil, acerola juice concentrate	Contains: GLUTEN AND - PRODUCTS, MILK AND - PRODUCTS
fat	6,8 g		
thereof saturated fatty acids	1,7 g		
carbohydrates	49,1 g		
thereof sugar	4,0 g		
protein	11,7 g		
salt	1,5 g		

All data refer to 100 g

Nutritional values	Ingredients	Allergens
--------------------	-------------	-----------

### Nettle Rolls

energy	1248 kJ / 290 kcal	baking mix(RYE WHOLEMEAL FLOUR (14,9%), sunflower seeds, linseed, WHEAT GLUTEN, DRIED RYE SOUR DOUGH(RYE FLOUR, starter culture), sea salt, pumpkin seed, dextrose, nettle (1,2%), (dried), spices, acerola juice concentrate), WHEAT FLOUR (22,4%), water, RYE WHOLEMEAL FLOUR (14,9%), Corn oil flour (4%), linseed (2%), yeast, sunflower oil	Contains: GLUTEN AND - PRODUCTS
fat	6,2 g		
thereof saturated fatty acids	1,6 g		
carbohydrates	43,7 g		
thereof sugar	4,5 g		
protein	12,5 g		
salt	1,7 g		

All data refer to 100 g

Nutritional values	Ingredients	Allergens
--------------------	-------------	-----------

## Hemp Rolls

energy	1244 kJ / 295 kcal	WHEAT FLOUR, water, RYE FLOUR, poppy, SESAME, MALTED WHEAT FLOUR, hemp peeled (2,7%), SOYA BRUISED GRAIN, sunflower seeds, yeast, salt, WHEAT PROTEIN, potato flour, SOYA FLOUR, banana grain (banana, coconut oil, sugar, honey, aroma), sunflower oil, MALTED BARLEY FLOUR, acidulant(citric acid, lactic acid), thickening agent guar flour, emulsifier rape lecithin, WHEAT STARCH, RYE WHOLEMEAL FLOUR, caramel, maltodextrin, full of cane sugar, WHEAT GLUTEN, acerola juice concentrate, coconut oil  May contain: MILK, NUT PRODUCTS	Contains: GLUTEN AND - PRODUCTS, SOYA AND - PRODUCTS, SESAME AND SESAMPRODUCTS
fat	7,6 g		
thereof saturated fatty acids	1,2 g		
carbohydrates	43,3 g		
thereof sugar	1,6 g		
protein	11,2 g		
salt	1,7 g		

All data refer to 100 g

### Baking instructions

30 minutes defrost and warm up at 180°C 3-5 minutes.

### Best before date (from date of production)

12 months

### Transport and storage conditions

This product must be transported and stored at a temperature of at least -18°C.

### Gene Ordinance

This product does not contain any genetically modified raw materials

Status: 17/05/2024

**EDNA International GmbH**, Gollenhoferstraße 3, 86441 Zusmarshausen, Deutschland,  
Phone: +49 8291 84 390, Email: export@edna.de