



Better Life, 4 sorts

Item no. Designation of the food item EAN Convenience level This item is vegetarian. 2004 Wheat and spelled roll with decor 4009837020041 parbaked

Units					
Unit	PIECE *	BAG	CARTON	LAYER	PALLET
Quantity per base unit	1	20	80	320	3.520
Gross weight ¹	0,07061	1,4122	5,6488	22,5952	248,5472
Net weight	0,064	1,28	5,12	20,48	225,28
L x W x H (mm)	-	540 x 410 x 0	585 x 385 x 168	-	1.200 x 800 x 1.998
Diameter (mm)	-	-	-	-	-
Cartons/pallets	-	-	-	-	44

* Base unit of the item

 $^{1}\,\mbox{Weight}$ in frozen state incl. Packaging

Measurements

Measurements:

2ab Primal Wheat Roll: Ø 9.0 cm, h 5.0 cm Speltream: l 10.0 x w 7.0 x h 4.5 cm Potato King: Ø 8.0 cm, h 4.0 cm Less Salt - Big Taste: l $8.5 \times w$ 7.0 x h 4.5 cm

Nutritional values		Ingredients	Allergens
2ab Rolls			
energy	1162 kJ / 278 kcal	ancient GRAIN without D-GLUTEN, (ground), ferment sponge(ancient GRAIN without D-GLUTEN, (ground), yeast, salt), water, maize flour, yeast, salt, dextrose, rapeseed oil, flour treatment agent ascorbid acid	Contains: WHEAT
fat	2,1 g		
thereof saturated fatty acids	0,1 g		

carbohydrates	53,0 g	May contain: SOYA, MILK, NUT PRODUCTS, SESAME	
thereof sugar	0,7 g		
protein	9,3 g		
salt	1,7 g		

Ingredients

Allergens

Contains: GLUTEN AND -

PRODUCTS, MILK AND -

SESAMPRODUCTS

PRODUCTS, SESAME AND

All data refer to 100 g

Nutritional values

Spelt Dream

energy	1245 kJ / 280 kcal
fat	4,4 g
thereof saturated fatty acids	0,6 g
carbohydrates	48,8 g
thereof sugar	1,5 g
protein	8,5 g
salt	1,67 g

Spelt WHEAT Flour (55%), water, Spelt WHEATlet (8,5%), WHEAT FLOUR, FRESH CHEESE (2,5%), sunflower oil, salt, linseed, yeast, MALTED BARLEY extract, sunflower seeds, WHEAT BRAN, WHEAT GLUTEN, RYE FLOUR, SESAME, WHEAT SEMOLINA, HARD WHEAT FLOUR, (ferment), buckwheat, (roasted), roasted BARLEY MALT FLOUR, WHEAT roasted MALT FLOUR, fermented WHEAT GERM, pea thread, MALTED WHEAT FLOUR, MALTED BARLEY, RYE PRE-GELATINISED FLOUR, (roasted), DRIED RYE SOUR DOUGH, dextrose, sugar, WHEAT GERM, acerola juice concentrate, MALTED BARLEY FLOUR May contain: SOYA, NUT PRODUCTS

All data refer to 100 g

Nutritional values		Ingredients	Allergens
Potato King			
energy	1181 kJ / 281 kcal	WHEAT FLOUR, water, sunflower seeds (8,8%), potato flakes (4%), linseed (4%), MALTED BARLEY extract, yeast, buckwheat, SESAME, RYE flakes, salt, RYE WHOLEMEAL BRUISED GRAIN, WHEAT SEMOLINA, STONE GROUND WHOLE WHEAT FLOUR, SOYA BRUISED GRAIN, maize semolina, MALTET BARLEY, WHEAT roasted MALT FLOUR, bread spices(coriander, caraway, fennel), RYE SOUR DOUGH, MALTED BARLEY FLOUR, MALTED WHEAT FLOUR, WHEAT GERM, acerola juice concentrate	Contains: GLUTEN AND - PRODUCTS, SOYA AND -
fat	7,1 g		PRODUCTS, SESAME AND SESAMPRODUCTS
thereof saturated fatty acids	0,9 g		
carbohydrates	41,7 g		
thereof sugar	1,2 g		
protein	10,9 g		
salt	1,3 g		
		May contain: MILK	

Nutritional values		Ingredients	Allergens		
Less Salt - Big Taste					
energy	1145 kJ / 272 kcal	WHEAT FLOUR, water, linseed (8%), sunflower seeds (5%), DRIED RYE SOUR DOUGH, WHEAT GERM, WHEAT GLUTEN, salt, yeast, buckwheat, SESAME (1%), RYE flakes, acerola juice concentrate	Contains: GLUTEN AND - PRODUCTS, SESAME AND SESAMPRODUCTS		
fat	7,5 g				
thereof saturated fatty acids	1,2 g				
carbohydrates	36,0 g	May contain: SOYA, MILK, NUT PRODUCTS			
thereof sugar	2,2 g				
protein	12,0 g				
salt	1,1 g				

All data refer to 100 g

Baking instructions

Without defrost. Bake for 8-10 minutes at 200°C with steam.

Remark for combi steamer: only at the beginning little steam, open the flue for the last third of the baking time

Best before date (from date of production)

12 months

Transport and storage conditions

This product must be transported and stored at a temperature of at least -18°C.

Gene Ordinance

This product does not contain any genetically modified raw materials

Status: 17/05/2024

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