### Item data sheet





# Organic Fitness Mix-Box, 3 different sorts

Item no.

Designation of the food item

EAN

Convenience level

This item is vegetarian.

1870

Organic wheat breads 4009837018703

ready baked

Units					
Unit	PIECE *	BAG	CARTON	LAYER	PALLET
Quantity per base unit	1	35	105	630	3.150
Gross weight <sup>1</sup>	0,06558	2,2953	6,8859	41,3154	206,577
Net weight	0,06	2,10	6,30	37,80	189,00
L x W x H (mm)	-	500 x 765 x 0	590 x 250 x 330	-	1.200 x 800 x 1.800
Diameter (mm)	-	-	-	-	-
Cartons/pallets	-	-	-	-	30

<sup>\*</sup> Base unit of the item

#### Measurements

Measurements:

Organic spelt roll: I 9.0 x w 7.0 x h 4.0 cm Organic wholemeal roll: I 9.0 x w 7.5 x h 3.5 cm Organic rye roll: I 8.0 x w 7.0 x h 4.0 cm

Nutritional values		Ingredients	Allergens	
Organic Spelt Roll				
energy	1213 kJ / 287 kcal	Bio Spelt WHEAT Flour (44%), water, Bio Spelt WHEAT Whole	Contains: GLUTEN AND - PRODUCTS, MILK AND -	
fat	7,0 g	Grain Grist (10%), organic QUARG, organic WHEAT GLUTEN, organic	PRODUCTS, SESAME AND - PRODUCTS	
thereof saturated fatty acids	1,3 g	SESAME, organic sunflower seeds, organic linseed, sea salt, organic yeast, organic MALTED BARLEY FLOUR, organic MALTED BARLEY extract, organic sunflower oil,		
carbohydrates	39,0 g			

 $<sup>^{\</sup>mathrm{1}}$  Weight in frozen state incl. Packaging

thereof sugar protein	2,0 g 15,0 g	organic full of cane sugar, organic acerola juice concentrate, organic coconut oil	
salt	1,6 g	May contain: SOYA, NUT PRODUCTS	
		DE-ECO-006	

All data refer to 100 g

Nutritional values		Ingredients	Allergens	
Organic whole grain roll				
energy	1371 kJ / 329 kcal		(42%), water, organic sunflower PRODUCTS, SESAME AND	PRODUCTS, SESAME AND -
fat	13,0 g		PRODUCTS	
thereof saturated fatty acids	1,9 g			
carbohydrates	37,0 g			
thereof sugar	2,6 g			
protein	14,0 g			
salt	1,6 g			
		May contain: SOYA, MILK, NUT PRODUCTS		
		DE-ECO-006		

All data refer to 100 g

Nutritional values		Ingredients	Allergens		
Organic rye roll	Organic rye roll				
energy	1083 kJ / 256 kcal	organic RYE FLOUR (31%), organic WHEAT FLOUR, water, organic WHEAT GLUTEN, sea salt, organic yeast, organic MALTED BARLEY FLOUR, organic RYE WHOLEMEAL SOUR DOUGH(organic RYE WHOLEMEAL FLOUR, starter culture), organic sunflower seed oil, organic acerola juice concentrate, organic honey, ORGANIC ROASTED BARLEY MALT FLOUR, organic MALTED BARLEY extract, organic full of cane sugar, organic coconut oil	Contains: GLUTEN AND - PRODUCTS		
fat	2,4 g				
thereof saturated fatty acids	0,4 g				
carbohydrates	46,0 g				
thereof sugar	1,5 g				
protein	11,0 g				
salt	1,7 g				
		May contain: SOYA, MILK, NUT PRODUCTS, SESAME			
		DE-ECO-006			

All data refer to 100 g

## **Baking instructions**

30 minutes defrost and warm up at 180°C 3-5 minutes.

### **Best before date (from date of production)**

12 months

### **Transport and storage conditions**

This product must be transported and stored at a temperature of at least -18°C.

### **Gene Ordinance**

This product does not contain any genetically modified raw materials

Status: 18/05/2024

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